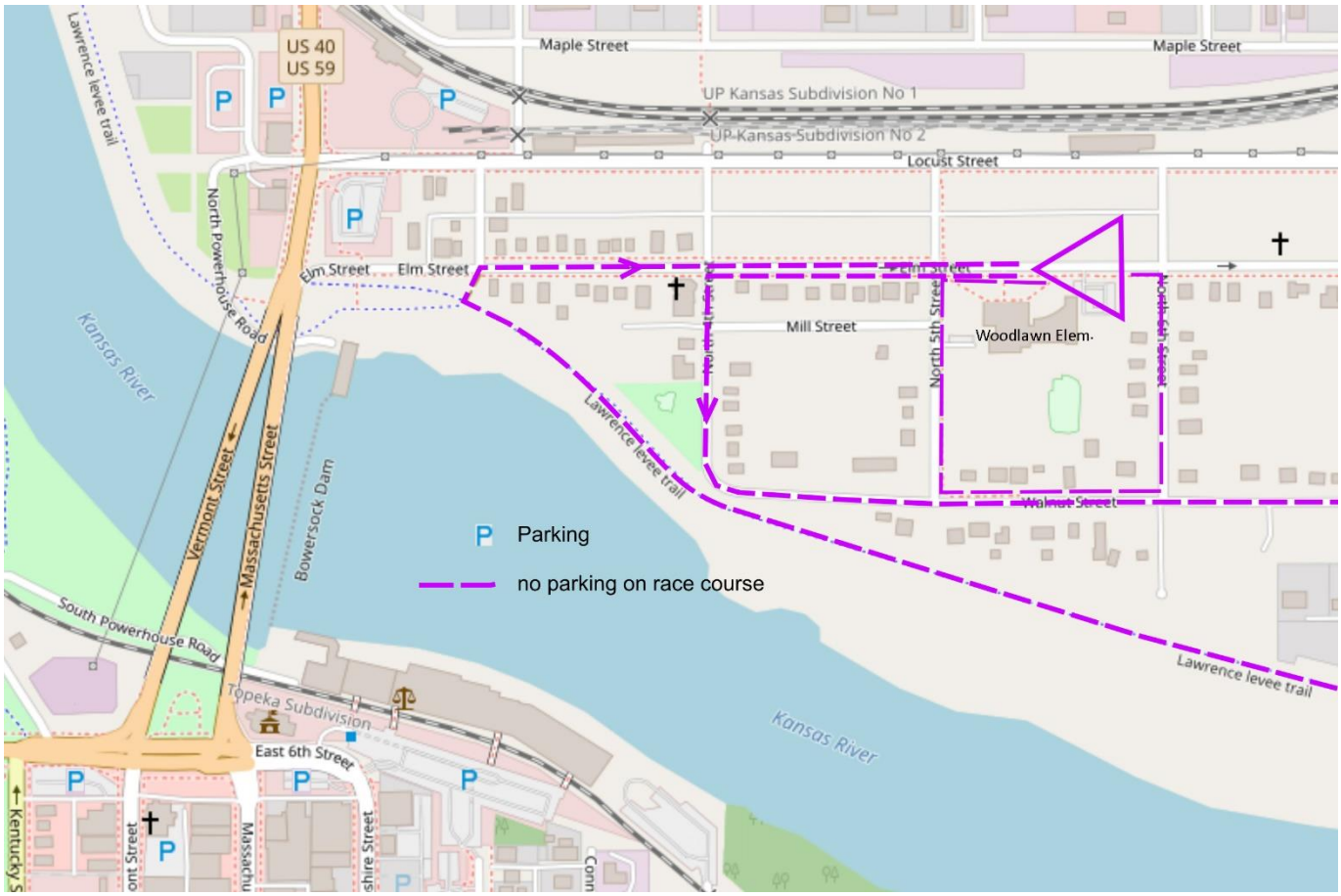
Race Day Info - runLawrence Thanksgiving 5K

Parking: Please plan to arrive early and park in the designated areas (P) or along Locust Street.
DO NOT PARK on the racecourse.



7:00 – 8:00 am – Packet pickup in gym
8:30 am – 5K start
9:20 am – Awards ceremony
9:45 am – 1K Fun Run

Chip timing. Bring a tote bag if you are picking up bibs for friends and family members. Be sure everyone gets the right one. Awards will not be given to people wearing the wrong number. **Wear the bib** on the front of your shirt, shorts or jacket.

Clothing Bag Drop: You may leave warm-ups in the school gym at the bag drop area. Please do not leave valuables.

Restrooms: inside the school and port-a-johns outside near the start area.

Start: 8:30 AM, rain or shine. For the safest start, line up with the faster people in the front. Walkers near the back please. Special corral in front for runners chasing state and course records.

Cancellation. Race canceled only if weather or road conditions are dangerous (will post on Facebook & webpage).

After finishing: Move away from the finish line and mingle in the school yard. Grab a cup of water. Go inside for refreshments and to check results. Take selfies with the photo cutouts.

Free 1K Youth Fun Run starts at 9:45 am at 6th & Elm. There will be a fun run sign-up table inside the school gym. A parent or guardian must sign a release. All youth runners will receive a finisher medal.

Results: Check the computers in the gym to look up your result. If you are a medal winner, report to the awards table (9:20 am). All results will be posted at www.runlawrence.org. Awards & gift coupons not picked up will be available at Ad Astra Running the following two weeks.

Questions: Cristal Barnes, runLawrence@gmail.com

Map: runLawrence Thanksgiving Day 5K & 1K Fun Run

